

The Helpers of Health (FK: 3.7)



In a little town, there lived a girl named Mia. Mia was very curious and loved to learn new things. One day, her teacher talked about how people sometimes get sick. Mia listened carefully and wanted to know more.

Mia learned that tiny germs can make us sick. These germs are so small that we can't see them. They can give us a cold or a fever. But there are special people who help us feel better when we are sick.





These helpers are doctors and scientists. They work hard to make medicine. Medicine is like a magic drink that helps us get better. But making medicine is not easy. It takes a lot of time and hard work.

Mia's teacher explained that scientists look for special things to put in medicine. They use tools and bottles to mix these things together. They must find the right mix, which can take a long time.

After they find something good, they must test it. They try it first in a lab. A lab is a

special place where scientists do their work. They check to make sure the medicine is safe and helps people feel better.

Mia thought making medicine was like putting together a big puzzle. The scientists must be very careful. They follow many steps to make sure the medicine is safe for everyone.

When a new medicine is ready, doctors can give it to people who are sick. This helps them feel better. Mia thought it was amazing how many people work together to keep everyone healthy.



Mia decided she wanted to learn more about science. She dreamed of helping people one day, just like the scientists and doctors who make medicine. She knew that with hard work and learning, she could help others too.